

## Jennifer Holt, M.Ed. (Counselling), R.P., C.C.C.

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141 Wortley Road, Unit #2, London, Ontario, Canada N6C 3P4

### EDUCATION

1998 UNIVERSITY OF WESTERN ONTARIO (ALTHOUSE COLLEGE) – London, ON

**M.Ed., Counselling Psychology**

Course work completed with 91.43% average

**Internship: Sexual Assault Center of London (SACL)**

1996 UNIVERSITY OF WESTERN ONTARIO (KING'S COLLEGE) – London, ON

**B.A. With Distinction.** Majors: Women Studies and Sociology

### REGISTRATIONS

**Registered Psychotherapist**

**Registration #002931**

### CLINICAL EXPERIENCE

**L.E.A.C. London Employee Assistance Program – January 2016 to Present**

- Jennifer Holt purchased, and is the Executive Director of, LEAC Ltd (London Employee Assistance Consortium).

**Holt Counselling & Consulting Services – January 2008 to Present**

- Owner of private practice counselling service which specializes in servicing clients who have engaged in: a sexual offence; abusive behaviours in an intimate relationship; who are survivors of sexual/physical abuse; who struggle with anger management issues; or who are the non-offending parent of a person who has committed a sexual offence; or who are suffering from complicated grief issues, infertility issues, unresolved trauma, as well as transgendered issues.
- Jennifer has been qualified as an **expert witness** in risk assessment of, and treatment for, sexual offenders.
- Provide Sex Offender Rehabilitative Programs & Anger Management Programs in: Middlesex County including London, Elgin County, Lambton County including Sarnia, Chatham-Kent County, Perth County including Stratford; Brant County including Brantford, & Oxford County including Woodstock for the Ministry of Community Safety and Correctional Services for Adults serving a Provincial Probation term

- Conduct a detailed risk assessment utilizing the STATIC 99, STABLE 2007, and the ACUTE 2007 for all adult male sex offenders
- Conduct a detailed risk assessment utilizing the ERASOR and JSORRAT-11 for juvenile sex offenders
- Conduct a detailed risk assessment utilizing the ARMIDLO (Assessment of Risk and Manageability of Individuals with Developmental, Intellectual or Learning Limitations Who Offend) a dynamic risk tool that assesses stable and acute risk factors for developmentally delayed, intellectually challenged, and acquired brain injury adult male sex offenders
- Conduct a detailed risk assessment utilizing the ISORA (Iowa Sex Offender Risk Assessment) with male and female adult and youthful (juveniles adjudicated and waived to adult court) sex offenders. It may be completed on incarcerated offenders, offenders under supervision in the community, and offenders who will be released from prison with no further supervision. The ISORA may be completed on offenders whose offenses involved contact sexual offenses, non-contact sexual offenses and/or other sex-related offenses
- Conduct a detailed assessment utilizing the Anger Disorders Scale (ADS) for adult males who suffer from anger management issues
- Conduct a detailed assessment utilizing the Spousal Assault Risk Assessment Guide (SARA) for adult males
- Offer individual and group counselling for clients as determined by client need
- Present training workshops for agencies to enable their counsellors to work effectively with clients who have: engaged in sexual offences; clients who present as resistant to treatment; clients who have perpetrated abuse to their intimate partners
- From January 2011 to December 2012 was the Clinical Consultant for St. Leonard's Society in London, providing clinical supervision for front-line staff and supervising staff for St. Leonard's staff who work with adults who have been convicted of sexual based offences and/or violence related offences

#### **Sex Offender Specialist – September 2007 to December 2007 – Changing Ways, London**

- Oversaw the day to day implementation of the sex offender program (SOAR – Sex Offender Accountability and Responsibility program)
- Conducted a detailed risk assessment utilizing the STATIC 99 and the STABLE 2000 for all referred candidates of the SOAR program
- Provided psycho-educational and process oriented group counselling to men who have been convicted of sexual offences as defined by the Criminal Code of Canada and who are serving a provincial probation order in the community
- Provided psycho-educational and process oriented group counseling to women who have been charged with assaulting their intimate heterosexual partner (Partner Intervention Program, PIP)
- Conducted the Anger Management Change is a Choice group for adult males identified as having an anger management issue
- Provided psycho-educational and process oriented individual counselling to homosexual men and women who have perpetrated violence and abuse in their intimate primary relationship
- Field placement supervisor for M.Ed, B.S.W., and S.S.W. students

#### **Program Manager – 2003 to September 2007 – Changing Ways, London**

- Oversaw the day to day implementation of the woman abuse program (Partner Assault Response Program, PARs), Partner Intervention Program (PIP), and sex offender program (SOAR)
- Provided clinical supervision to all staff who provide direct service work with Changing Ways' clients

- Provided psycho-educational and process oriented group counselling to men who have been convicted of sexual offences as defined by the Criminal Code of Canada (SOAR)
- Conducted the Anger Management Change is a Choice group for adult males identified as having an anger management issue
- As of 2006 conducted a detailed risk assessment utilizing the STATIC 99 and the STABLE 2000 for all referred candidates of the SOAR program
- Provided psycho-educational and process oriented group counseling to women who have been charged with assaulting their intimate partner (PIP)
- Field placement supervisor for M.Ed, B.S.W., and S.S.W. students
- Developed policies and procedures relevant to the counselling program
- Co-Chaired the Court Advisory Committee in Chatham-Kent

#### **Clinical Supervisor and Men's Counsellor – 1998 to 2003 – Changing Ways, London**

- Provided psycho-educational and process oriented group counselling to men who have perpetrated violence and abuse in their primary relationship (PARs)
- Provided psycho-educational and process oriented group counselling to men who have been convicted of sexual offences as defined by the Criminal Code of Canada (SOAR)
- Provided clinical supervision with all counselling staff in both an individual and group setting
- Conducted the Anger Management Change is a Choice group for adult males identified as having an anger management issue
- Field placement supervisor for M.Ed, B.S.W., and S.S.W. students
- Developed policies and procedures relevant to the counselling program
- Developed schedules for all groups

#### **Group Counsellor – 1999 to 2001 – Sexual Assault Centre London (SACL)**

- Provided psycho-educational and process oriented group counselling to female survivors of sexual assault
- Conducted Intake Interviews with prospective group members
- Conducted Exit Interviews with group members

#### **Community Outreach Counsellor – 1998 – Womanpower, Inc.**

- Co-facilitated the “Search of Self” Group; group counselling for women on F.B.A, G.W.A. or from low-income families
- Conducted intake interviews with clients
- Acted as a community liaison to promote group to referral agencies
- Performed workshop evaluation by administering pre- and post-workshop measures
- Participated in the coordination of on-site childcare and provided supervision to caregivers

## **ACADEMIC TEACHING EXPERIENCE**

#### **Master's of Education (Counselling Psychology), University of Western Ontario, Althouse College**

##### **Adjunct Professor, Althouse College, UWO – 2013**

- Taught Theories of Counselling class (course number 544a)

**Adjunct Professor, Althouse College, UWO – 2006 to 2011**

- Taught Theories of Counselling class (course number 544a)
- Co-Taught Group Counselling class (course number 9543)

**Thesis Examiner, Althouse College, UWO – 2006 to Present**

- Co-examined Graduate Level thesis

**Guest Lecturer, Althouse College, UWO – 1999 to 2011**

- Lectured regarding counseling for men who have engaged in abusive behaviours towards their intimate heterosexual partners, or who have engaged in sexually abusive behaviours, in the Counselling and Diversity class (course number 553a)

**Guest Lecturer, Althouse College, UWO – 2006 to 2011**

- Lectured regarding counselling for men who have engaged in sexually abusive behaviours and who have been victimized themselves in the Trauma & Recovery Class (course number 555 )

**Fanshawe College – London Ontario**

- Lecturer – 2003: Taught Introduction to Psychology (course numbers 125 & 325)

**King's College – University of Western Ontario**

- Instructor – 2003: Co-Taught an experiential one day seminar for the class “Communication with the Dying and Bereaved”

## WORKSHOPS & PRESENTATIONS FACILITATED

**Sex Offenders? Yikes! I Don't Want to Work with Them: Clinical Experience Workshop – 2013**

- Facilitated an evening clinical experience workshop for Purdue Pharma for Child Psychologist and Psychiatrists, and Pediatricians working in Elgin and Middlesex Counties

**Sex Offenders? Yikes! I Don't Want to Work with Them: A Webinar Presentation – 2013**

- Facilitated an hour webinar workshop for the Canadian Counselling and Psychotherapy Association (CCPA) for psychotherapists who are considering working with convicted sex offenders

**Sex Offenders? Yikes! I Don't Want to Work with Them: An Hour Workshop – 2012**

- Facilitated an hour workshop at the Canadian Counselling and Psychotherapy Association (CCPA) Annual Conference in Calgary Alberta for psychotherapists who are considering working with convicted sex offenders

**Sex Offenders? Yikes! I Don't Want to Work with Them: Clinical Experience Workshop – 2012**

- Facilitated an evening clinical experience workshop for Purdue Pharma for Child Psychologist and Psychiatrists, and Pediatricians working in Calgary Alberta

### **Boundaries and Ethical Dilemmas: How it Affects Our Work – 2011-2015**

- Facilitated training half-day workshops for St. Leonard's Society of London for front-line staff and management to examine how boundary blurring and ethical dilemmas impact workers

### **Trauma Informed Counselling – 2011-2015**

- Facilitated training half-day workshops for St. Leonard's Society of London for front-line staff and management to examine how clients' past trauma impacts their ability to participate in and utilize counselling

### **Motivational Interviewing: How to Not Engage in Power Struggles with Your Clients – 2011-2015**

- Facilitated training half-day workshops for St. Leonard's Society of London for front-line staff and management who have difficult to engage clients on their case load

### **Sex Offenders? YIKES! I Don't Want to Work With Them! Half-Day Workshop – 2011-2015**

- Facilitated training half-day workshops for St. Leonard's Society of London for front-line staff and management who have convicted or accused sex offenders on their case load

### **Sex Offenders? YIKES! I Don't Want to Work With Them! Half-Day Workshop – 2011**

- Facilitated training half-day workshops for the Ontario Half-Way House Association in Kingston, ON for front-line staff and management who have convicted or accused sex offenders on their case load

### **Sex Offenders? YIKES! I Don't Want to Work With Them! Half-Day Workshop – 2010**

- Facilitated two half-day workshops for the Children's Aid Society in Oxford County for front-line staff and management who have convicted or accused sex offenders on their case load

### **Sex Offenders? YIKES! I Don't Want to Work With Them! One-Day Workshop – 2009**

- Facilitated a one-day workshop for the Children's Aid Society in Elgin County for front-line staff who have convicted or accused sex offenders on their case load, and foster parents who have juvenile sex offenders in their home

### **SOAR (Sex Offender Accountability and Responsibility) Training- 2002**

- Co-designed and co-lead a two day workshop designed to train probation and parole officers to facilitate group work for men who have been convicted of sexual offences

### **Marriage Preparation Classes 2001**

- Facilitated a psycho-educational session on "Boundaries and Healthy Relationships" for couples preparing to enter into marriage

## **RELATED TRAINING & PROFESSIONAL DEVELOPMENT**

Breaking New Ground: Understanding and Preventing Sexual Abuse – 2015, Montreal

Transforming Research into Practice – 2014, San Diego

The Centre For Addiction and Mental Health (CAMH): Two-day training conference – 2014, Toronto

Shouldering Responsibility: Making Society Safer – 2013, Chicago

Association for the Treatment of Sexual Abusers 28th Annual Research and Treatment Conference – New Frontiers in the Management and Treatment of Sexual Abusers – 2012, Denver, Colorado

Canadian Counselling and Psychotherapy Association – Reflecting on Self & Practice – 2012, Calgary, Alberta

Association for the Treatment of Sexual Abusers 30<sup>th</sup> Annual Research and Treatment Conference – New Frontiers in the Management and Treatment of Sexual Abusers – 2011, Toronto Canada

5th Annual Risk and Recovery Forensic Conference – 2011, Hamilton

Association for the Treatment of Sexual Abusers 29<sup>th</sup> Annual Research and Treatment Conference – New Frontiers in the Management and Treatment of Sexual Abusers – 2010, Phoenix Arizona

Ontario Provincial Police Crime Prevention Section in partnership with the Canadian Centre for Abuse Awareness – Understanding and Responding to Male Sexual Victimization – 2010, Stoney Creek

Child Sexual Abuse: Victim Impact, Sex Offenders: Denial, Deception and Manipulation – 2010 – Dr. Anna Salter, London

Association for the Treatment of Sexual Abusers 28<sup>th</sup> Annual Research and Treatment Conference – New Frontiers in the Management and Treatment of Sexual Abusers – 2009, Dallas Texas

Association for the Treatment of Sexual Abusers 27<sup>th</sup> Annual Research and Treatment Conference – Teamwork in Trying Times: Improving Our Responses to Sexual Abuse – 2008, Atlanta Georgia

Massachusetts Association for the Treatment of Sexual Abusers 10<sup>th</sup> Annual Joint Conference on the Assessment, Treatment and Safe Management of Sexually Abusing Children, Adolescents, and Adults – 2008, Marlborough Massachusetts

Static and Dynamic Risk Assessment of Sexual Offenders – 2008 – Dr. Andrew Harris & Dr. Dana Anderson, Toronto Ontario (Sponsored by Simcoe Psychology)

Association for the Treatment of Sexual Abusers 26<sup>th</sup> Annual Research and Treatment Conference – Partners, Policies and Practices: Making Society Safer – 2007, San Diego, California

3<sup>RD</sup> International Conference – Children Exposed to Domestic Violence – 2007  
The Centre for Children and Families in the Justice System – London

Field Traumatology: Preparation for Crisis Response  
Oklahoma Traumatology Institute (Solutions on Site) – 2006 – Dr. Jim Martin

Children as Victims and Witnesses of Domestic Homicides – 2006 – Dr. Peter Jaffe, London



Static and Dynamic Risk Assessment of Sexual Offenders – 2006 – Dr. Dana Anderson, C. Psych., Toronto

Clinical Supervision Skill Development – 2006 – Joyce Scaife, London

Critical Incident Stress Management (CISM): Group Crisis Intervention – 2005  
– International Critical Incident Stress Foundation – London City Police

From Roots to Wings: The Future of Batterer Intervention – 2005, Dearborn, Michigan

Understanding & Managing Sex Offenders (Dr. Robin Wilson) – 2005 – Sex Offenders Service Providers Committee, London

Enhancing Police Intervention in Domestic Violence – 2004 – Center for Children & Families in the Justice System, London

Intersections Between Domestic Violence & Childhood Maltreatment – 2004, Toronto

Normal Sexual Development in Children & Identification & Treatment of the Under 12 Sexual Offender – 2002 – Dr. Vickie Wolfe & Amanda Topham (Children's Aid Society), London

Working with Sexual Offenders – 2001 – Dr. Carolle Trembley, London

Assessing Risk Posed by Male Batterers – 2001 A Risk Assessment Training for Workers in Community Settings – Dr. Gregory Kerry, Toronto

Gender Issues for Women Who Work with Male Perpetrators of Violence – 2001 – Dr. Smita Vir Tyagi, Toronto

Field Instructors Course: Module 1, 2, & 3 – 2001 – King's College School of Social Work, London

Sex Offender Treatment Programs – Are They Working? Where do we go from Here? – 2000 – Dr. Andrew Harris, Sexual Assault Centre, London

Community Based Risk Management of Sexual Offenders – 2000 – Dr. Robin Wilson, Sexual Abuse Committee, Probation and Parole, Toronto

Preparation for Running a Group with Sexual Offenders – 2000 – Dr. Carolle Trembley, Probation and Parole, Sarnia

Child Abuse 2000 – 1999 – London Family Court Clinic

From Depletion to Strength: Phase-Oriented Psychotherapy with Trauma Clients – 1999 – Gail Fisher Taylor, Committee for Adult Survivors of Childhood Sexual Abuse, London

Building Self-Esteem – 1999 – Kathy Glover Scott, King's College, U.W.O, London

Women Counsellors who Work with Men who Batter – 1999, Counterpoint Counselling & Educational Co-operative, Toronto

Helping Can be Hazardous to Your Health: Managing the Cumulative – 1998 – Effects of Vicarious Trauma – Deborah Sinclair Social Work Staff, LHSC and King's College, U.W.O, London

Can Confidentiality Survive? – 1998 – A Day of Study on Disclosure of Personal Records in Sexual Assault Cases – Metropolitan Action Committee on Violence Against Women and Children

## PROFESSIONAL AFFILIATIONS

- The Association for the Treatment of Sexual Abusers (ATSA)
- Massachusetts Association for the Treatment of Sexual Abusers (MATSA)
- Massachusetts Adolescent Sex Offender Coalition (MASOC)
- Canadian Counselling and Psychotherapy Association (CCPA); Certification Number 5957
- Ontario Association of Consultants, Counsellors, Psychometrics and Psychotherapists (OACCPP)